

EVALUATION OF DOPPLER ULTRASOUND STUDY OF THREATENED ABORTION, MISSED ABORTION AND ANEMBRYONIC PREGNANCY

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Abstract

Background: The aim is to evaluate changes in uteroplacental circulation in pregnancy complications up to 20 weeks. **Materials and Methods:** 26 women with threatened abortion with a living embryo, 24 women with anembryonic pregnancy, in addition to 22 women with missed abortion were included. In all women, trans-abdominal colour Doppler ultrasound study was performed including measurement of resistance index (RI) and pulsatility index (PI) of uterine arteries. Results are analyzed statistically. Statistics used: Unpaired t test. **Result:** Vascular indices of missed abortion RI and PI have higher values than threatened abortion RI and PI. Difference was significant for PI with (P value of <0.001) and for RI with (P value of <0.01). In our study we found that anembryonic pregnancies having higher RI and PI than those of threatened abortion cases. Here difference is significant for RI with (P value <0.001), but difference is not significant for PI. **Conclusion:** Early pregnancy complications like threatened abortion, missed abortion and anembryonic pregnancy are associated with marked changes in uteroplacental circulation. This abnormal blood flow pattern may increase the oxidative stress on the early placental tissue and subsequently impair placental development. Direct clinical implication need more research but these vascular studies helps us in understanding the pathophysiology of early pregnancy failure, helping in more rational management as well as predicting the outcome of these pregnancies.

INTRODUCTION

Man's quest to search for better endlessly leads to development of new technology every day, one of the best example of this is use of new generation of pulsed and color Doppler equipment in early pregnancy. This technology makes it possible to map uteroplacental circulation from the first weeks of gestation.^[1] Doppler enables a close evaluation of early embryonic development and blood flow studies in embryonic and fetal vessels. These information's could play an important role in the assessment of early pregnancy failure.^[2] Aim is to know the pathophysiological changes in uteroplacental circulation associated with early pregnancy complication.

MATERIALS AND METHODS

Nature of Study: Prospective study carried out for 1year
Place of study: Northeastern Indira Gandhi

Regional Institute of Health and Medical Science. Patient having complain of bleeding per vaginum in pregnancy up to 20th weeks were included. Provisional clinical diagnosis was made in every case. Ultrasonographic examination was done forever patient under the study using following ultrasound machine 1) LOGIQ P5, MODEL NO5372509 (GE ULTRASOND KOREA)2) HEWLETT PACKWARD, MODEL NO -5R5315 (M2410B ULTRASOUND SYSTEM). Cases of clinically diagnosed threatened abortion showing viable pregnancy are taken as threatened abortion group. Cases showing diagnosis of blighted ovum criteria (Transabdominally, a gestational sac greater than 20 mm without a yolk sac or 25 mm without an embryo is diagnostic of a blighted ovum, or transvaginally mean gestational sac diameter exceeds 8mm without a yolk sac or when the mean gestational sac diameter exceeds 16 mm without an embryo) taken as blighted ovum group. Conventional ultrasonography showing no cardiac pulsation taken

as missed abortion group. In all cases Doppler ultrasound was performed. Measurement of RI (resistance index) and PI (pulsatility index) was done in each case.

RESULTS

Results are divided in two groups, (a) general characteristic (b) study parameter [Table 1] presents the general characteristic of study group. coincidentally mean parity of threatened abortion is same as anembryonic pregnancy. While parity of missed abortion is comparable to threatened abortion. Mean age group of anembryonic pregnancy cases are highest in comparison to missed and threatened abortion. All three groups are comparable regarding period of gestation, so possibility of period of gestation as confounding factor regarding result of vascular indices can be ruled out.

Table 1: Characteristic of Doppler study group patients

Parameter Group	RI(mean ± S.D)	PI(mean±S.D)
THREATENED ABORTION	0.72(0.06)	1.77(0.35)
MISSED ABORTION	0.81(0.08)	2.59(0.20)
ANEMBRYONIC PREGNANCY	0.91(0.04)	2.03(0.43)

While comparing vascular indices of threatened abortion patient with missed abortion, as shown in [Table 3], we found that vascular indices (RI, PI) of missed abortion have higher values than threatened abortion. Here difference is significant For PI with (P<0.001) and for RI with (P<0.01).

Table 2: Results of Doppler study

	Age(Mean)years	Gravida(mean)	POG inWeeks(Mean)
Threatened abortion (n=18)	24.8 years	2.6	10.2 Weeks
Missed abortion (n= 12)	26.6 years	3.4	11.4 weeks
Anembryonic pregnancy(n= 16)	29.4 years	2.6	10.02 weeks

Table 3: Comparisons between Doppler indices of threatened and missed abortion

Parameter group	RI	PI
THREATENED ABORTION	0.72(0.06)	1.77(0.35)
MISSED ABORTION	0.81(0.08)	2.59(0.20)
P VALUE	P<0.01	P<0.001

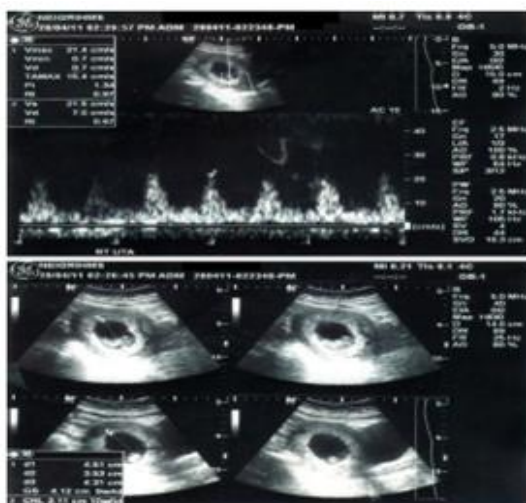


Figure 1: Doppler study of threatened abortion showing low resistance flow



Figure 2: Doppler study of missed abortion showing high impedance flow



Figure 3: Doppler study of blighted ovum showing high resistance flow

In our study we found that threatened abortion having lower RI and PI than anembryonic pregnancies. Difference is significant for RI (P <0.001), but difference is not significant for PI as Evident from [Table 4].

Table 4: Comparison of Doppler indices between threatened and Anembryonic pregnancy

Parameter group	RI	PI
THREATENED ABORTION	0.72(0.06)	1.77(0.35)
ANEMBRYONIC PREGNANCY	0.91(0.04)	2.03(0.43)
P VALUE	P<0.001	NOT SIGNIFICANT

DISCUSSION

There are limited studies on Doppler evaluation of first trimester pregnancy; we have done Doppler study in cases of missed abortion, threatened abortion and anembryonic pregnancy. In our study we found

that threatened abortion having lower RI and PI than anembryonic pregnancies. Difference is significant for RI ($P < 0.001$), but difference is not significant for PI. This is in agreement with Study by faiz et al.^[3] Study by Faiz et al concluded that Patient with threatened abortion have significantly lower S/D ratio and RI than in those with anembryonic pregnancy ($P < 0.01$). They also found that patients with threatened abortion have lower figures for S/D, RI and PI compared to normal groups. While comparing vascular indices of threatened abortion patient with missed abortion, we found that vascular indices (RI, PI) of missed abortion have higher values than threatened abortion. Here difference is significant for PI with ($P < 0.001$) and for RI with ($P < 0.01$). This is in agreement with below mentioned study. MERIC et al,^[4] concluded that mean uterine PI was significantly ($P < 0.01$) higher in missed abortions compared to normal controls. As study by faiz et al shows that patients with threatened abortion have lower figures for S/D, RI and PI compared to normal groups.

CONCLUSION

Doppler evolution of early pregnancy is still in its infancy as compared to second and third trimester. As recent studies shows that in about two third of early pregnancy failure there is anatomical evidences of defective placentation. Our studies show also shows

that vascular indices RI, PI having significant difference in threatened abortion, anembryonic pregnancy and missed abortion. This finding is in agreement with recent studies that abnormal flow velocity waveforms in early pregnancies complicated by embryonic death are related to deficient placentation. The premature entry of maternal blood into the intervillous space disrupts the materno-embryonic interface and is probably the final mechanism causing abortion. Direct clinical implication need more research but these vascular studies helps us in understanding the pathophysiology of early pregnancy failure, helping in more rational management as well as predicting as the outcome.

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